

Decreasing Trend of Burn Suicide  
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# Special thanks

With Special thanks to who initiated  
psychological counselling for burn patients  
in 2001:

- ❑ Madam Wendy Marston
- ❑ Prof. Dr. K D. Joshi
- ❑ Immediate In charge : Naradevi Bariya
- ❑ Mediator : Ms Kohinoor Dahal

# Meaning of burn suicide

It is attempt or ending self by using any burning materials :i.e. kerosene, petrol, any flame inducing liquid

In Nepal: Use of kerosene, petrol

# Challenge of burn suicide

- Long term scar in body,
- Scar in face , front line stigma
- Low energy in body
- Disturbance in sexual relation
- Life long guilty
- Long term medication
- Probability of missing help from family & relative

# Decreasing trend of burn suicide

According to police: Burn Suicide during Lock down , (Covid 19 ) pandemic

Total Suicide : 1476

Month	Total suicide	Burn Suicide
Falgun	415	0
Chaitra	483	1
Baishakh	578	0

# Decreasing trend of burn suicide

According to police: Burn Suicide in 2075/76  
fiscal year

Month	Total suicide	Burn Suicide
One year 2075/76	5787	24  0.41%

# Decreasing trend of burn suicide

## **Experience starting from 2001**

- ❖ In many cases, initially they told that it was due to stove flame burn
- ❖ Use of kerosene was high
- ❖ Many cases were related to inter caste love marriage, extra marital affair, drunkard husband, low income , lack of support from biological family

# Decreasing trend of burn suicide

**According to analytical study: Narayan Prasad Sharma**

**Study period: 5 yrs. (2004-2008)**

- Total Case: 151 cases only in Bir Hospital**
- Major group: women between 15-30 yrs**
- Referred from different hospitals**



# Decreasing trend of burn suicide

According to analytical study: Narayan Prasad Sharma

Study period: 5 yrs. (2004-2008)

## Causative factors:

- Adjustment problem after marriage
- Domestic Violence & stress
- Depression
- Drunkard husband
- Conflict regarding extra marital affair
- Inter –caste love marriage, rejection from family & adjustment problem

# Decreasing trend of burn suicide & Learning

- **Suicide cases are rising but methods are changed**
- **The current majority methods are hanging & poisoning**
- **As per declared reasons: poverty, over loan & love failure**

## **Recommendations:**

- ❖ **Community based prevention & PFA**
- ❖ **Value based education**
- ❖ **Legal support**
- ❖ **Provide sustainable training**