

Root causes of suicidal problems

- Poverty
(Illiteracy, Homelessness, Lack of technical skills)
- Unmanageable long term loans
- Love related problem, over stress
- Extra marital affairs & suspicious nature
- Adjustment problems in different settings
- Separation/Divorce
- Trend of unhealthy competition
- Severe domestic violence
- Alienation
- Incurable disease
- Neglected, rejected situation

Major program areas to be addressed

1. Socio-economic intervention

- ❖ Poverty (Income generating skills)
- ❖ Loan management skills & supports

2. Habit Related

- Alcoholic Habit
- Self –care
- No harm
- Adjustment

3. Love related

- ❖ Redefining love
- ❖ Pre & Post marital counselling in urban areas
- ❖ Boost up family & community to mediate new couples

4. Spiritual Counselling

- + Stress Management
- + Yogic relaxation
- + Organizing ritual programs

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